

NEWSLETTER

MAY 2026



The Department of Higher Education and Workforce Development designated Family and Workforce Centers of America (FWCA) as the local fiscal agent for St. Louis County Workforce Development which will be housed at the MET Center effective January 5, 2026.

Family and Workforce Centers of America

is a 501(c)(3), Missouri non-profit organization based in St. Louis, Missouri. Our mission is to help individuals and families achieve and maintain self-sustainability through the dynamic application of evidenced-based training and workforce development. FWCA believes that family stability reflects the state of conditions in our neighborhoods and communities. Further, we understand communities' strengths are built on sound partnerships in both the public and private sectors.

As such, we implement comprehensive programs with family strengthening activities, two-generational approaches, that include vocational education and training, employment and financial literacy/asset development that set youth and families on a pathway to success.



PROGRAMS & SERVICES

-Our Youth service programs focus on facilitating and assisting in the growth and development of the youth in our community.-

Early Explorers Child Development Academy (EECDA)

EECDA implements a comprehensive approach to a child's health, nutrition, growth, and development. We emphasize parental engagement with a focus on activities that are structured toward the betterment of children ages 6 weeks-5 years.

To enroll a child, visit us at www.eecda-stl.com

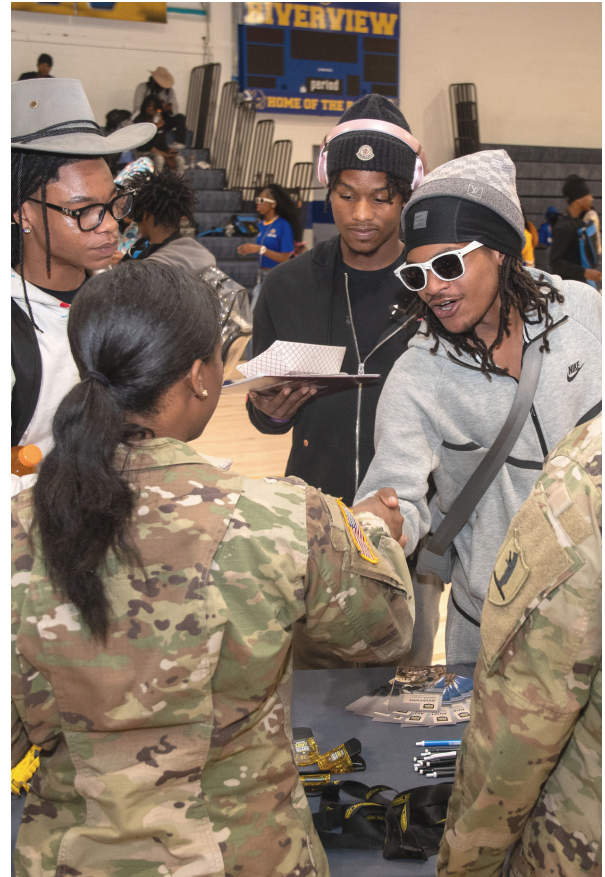


EECDA youth are out of this world!

Youth Programming

Our program provides assistance to in-school and out-of-school youth prepare for post-secondary education and employment opportunities, attain educational and/or skills training credentials, and secure employment with career/promotional opportunities.

Our Young Adult Program offers resume workshops, college ACT and essay prep, and more to enrolled youth.



Youth participate at our READY4Life Youth Outreach Tour at Riverview Gardens High School.

READY4Life Program

Our Healthy Marriage and Relationship Education (HMRE) programming lists—Relationships, Education, Advancement, and Development—as key ingredients to prepare Youth for Life (READY4Life).

This program is designed to support healthy relationships and marriage, including the value of marriage in future family formation and skills-based healthy relationship and marriage education to youth in high school (grades 9-12), high-school-aged youth (ages 14-17), and/or youth in late adolescence to early adulthood (ages 18-24). program offers opportunities with regional partners and local organizations to provide educational, job training, and employment services to youth, ages 16 to 24, that are out-of-school or discontinued attending school.

Every year, we conduct a forum and school outreach events that really get the students engaged with colleges and universities, employers and more!

PROGRAMS & SERVICES

-Our Programs provide access to resources to gain or develop additional job skills-

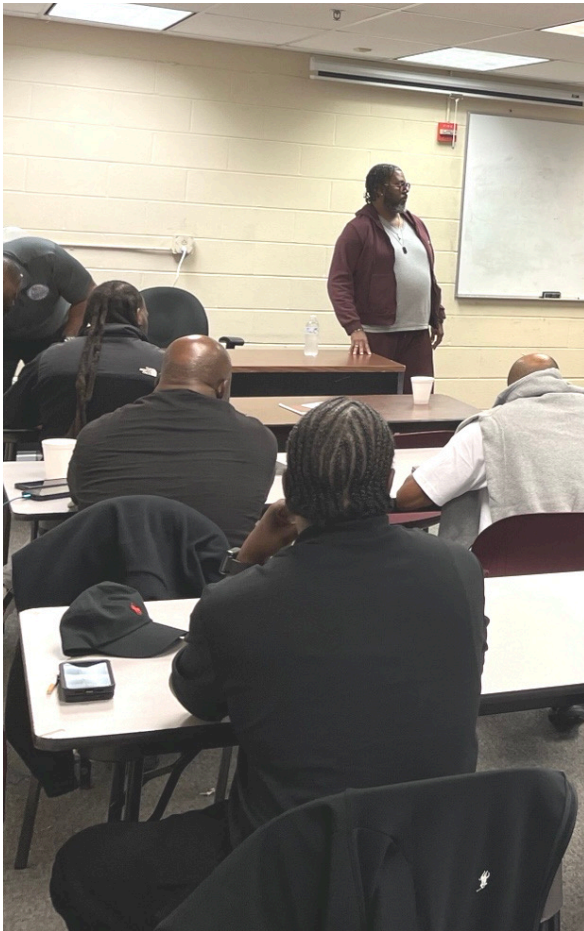
Adult and Dislocated Workers

Our Adult and Dislocated Workers Program provides outreach, recruitment, enrollment, intake, assessment, orientation, job readiness training and placement for adults who are interested in gaining employment or developing new skills for employment.

FWCA also provides employability skills thru workforce services. We also work by linking locally incarcerated offenders to a continuum of employment, training, education, and support services.

At the American Job Center, customers can sign-up for resume building workshops, develop soft skills, attend job and resource fairs with leading industry employers, and gain access to trained and skilled career coaches ready to assist them in their job search!

Information about job fairs and resources are continuous and shared in the Job Resource Center on the First Floor!



At the MET Center, we host workshops with in demand employers to help prepare every customer gain the knowledge they need to be gain and retain employment.



Career Institute

In May 2017, FWCA Career Institute (Career Institute) was approved by the Missouri Department of Higher Education and in October 2020, Institute was recognized as a U.S. Dept. of Labor (USDOL) registered apprenticeship program (RAP) sponsor.

In December 2023, the Career Institute was approved by the International Accreditors for Continuing Education and Training (IACET) as an IACET Accredited Provider to provide Continuing Education Units (CEUs) of its courses.

As Bioscience and Technology is a rapidly growing field that applies life processes to practical uses, **FWCA has created its own school to prepare the community to engage in this growth!**

Our premier Lab Technician Training Program provides a 12-Week interactive classroom experience and wet lab training for adults 18 years and older in Science, Technology, Engineering and Math (STEM).

PROGRAMS & SERVICES



Pictured, FWCA's Forklift Training class in session as a participant listens to his instructor on the fundamentals of forklift operations.

Forklift Certification

FWCA offers an OSHA Certified Forklift Training Certification Program. For \$150, this two-day program includes: Introduction to Lift Trucks, How Lift Trucks Work, Proper Load Handling, Safe Driving Skills, Refueling and Battery Recharging, Inspection/Maintenance, and more.

To learn about this program, visit our Career Institute tab on www.fwca-stl.com.

FWCA/CIBC Entrepreneurship Training Program

FWCA in collaboration with CIBC Bank implements this program for entrepreneurs wanting to start their own business. Participants have the opportunity to apply for a micro loan up to \$10,000.

Want to learn about the ETP? Contact Vamadu Sheriff to learn about this program!

The next column has a list of comprehensive and upcoming programs at the Career Institute.

- **Forklift Training & Certification Program**
 - This OSHA & National Safety Council (NSC) Certified two-day program offers training in handling a forklift. Along with safe driving skills, refueling, battery recharging, inspections and more!
- **FWCA Entrepreneurship Training Program**
 - In partnership with CIBC Bank, this program is designed for entrepreneurs wanting to start their own business. Participants have the opportunity to apply for a micro loan up to \$10,000!
- **Lab Tech Training Program**
 - This Program is a Missouri DHE & WD Certified, 12-week comprehensive scientific-based training to prepare students for the entry-level workforce for careers in STEM!
- **AG-Hydroponic Technician Program**
 - Participants in this program will learn how to grow produce and maintain hydroponic farming systems, preparing them for access to careers in a new, fast growing field!
- **Home Performance Laborer Program**
 - This DOL-Approved Apprenticeship Program spans four (4) weeks and is designed to equip participants with the skills necessary to become a general laborer, with the potential to specialize in or become a journeyman in the construction trades.
- **Custom Paint Prep Program**
 - Our Custom Paint Prep (CPP) Program is a four (4) week program created to provide a career pathway into commercial painting. The CPP program offers pre-apprenticeship style learning and training to prepare individuals for careers in commercial painting in a safe, welcoming environment.
- **AgriBusiness Program**
 - Unlock the potential of your farm with our Agribusiness Program. Learn about a variety of subjects in agribusiness from sustainable practices to modern technology.
- **Information Technology Specialist**
 - Participants in this program will be trained in technology and professionalism, while learning foundational technology skills including: computer basics and troubleshooting, applications and software, database fundamentals, and security in preparation for a technology career or entrepreneurial endeavors.
- **Audio and Video Technician**
 - This Program prepares individuals to function as workers and managers within communications industries. This includes instruction in business economics; basic management; principles of interpersonal and mediated communications; radio, television, and digital media production; and related aspects of technology and communications systems leading to a certificate of completion in Audiovisual Communications Technologies/Technicians

PROGRAMS & SERVICES

Pathway Home Program

Being released from incarceration presents numerous challenges, such as limited employment opportunities and navigating the process of successfully re-entering society.

Fortunately, our Pathway Home Program offers a community-based model to support individuals on this journey. To qualify for the Pathway Home program, individuals must be currently incarcerated and within 180 days of release from the justice center, as well as meet other program eligibility criteria.

Once participants join the Pathway Home program, they have the opportunity to:

- Earn your G.E.D./HiSET (High School Equivalency Test)
- Access occupational skills training with industry-recognized credentials or apprenticeships
- Participate in healthy relationship education
- Learn smart resume tips, tools, and techniques to ease the transition into the workplace

If you know someone interested in learning about the Pathway Home Program, please reach out to PH Employment Specialist, Rosario Sedodo (rsedodo@fwca-stl.com) for more information.

Upcoming Activities for Pathway Home

- Reimagining Your Workforce Panel Discussion at the University of Missouri, April 29, 2026, and May 20th, Millennium Student Center.
- PH5 Team will be attending the Missouri Association for Workforce Development Annual Conference scheduled for April 29 - May 1, 2026.
- Flagger Training Scheduled for May 4, 2026.
- PH5 Advisory Board Meeting – Scheduled for May 28, 2026, at the Met Center.
- Forklift Operator Training at the Transition Center: Scheduled for May 25 -29, 2026.
- Dismas House Resident “Makin’ IT Work” Session- Scheduled for May 25-29, 2026.
- Second Chance Career Fair at the Met Center on May 20, 2026.

NSC FLAGGER TRAINING

FWCA's National Safety Council Work Zone Flagger Certification course provides a one-day overview of the information technology profession along with learning the proper safety procedures and work situations for Flaggers.

Our Flagger course provides trainees the knowledge to:

- Describe the importance of proper Flagger operations
- Use Flagger control standard references
- Know proper Flagger signals and procedures
- Understand various work zone Flagger situations

Dates:
 • May 4, 2026

Course Hours: 8:30A to 3:00P

Cost: Included in Pathway Home (PH) Enrollment!

Location: Transition Center of St. Louis
 1621 N 1st St, St. Louis, MO 63102

The MET Center
 6347 Plymouth Ave.
 St. Louis, MO 63133
 www.fwca-stl.com

Register With
 Rosario Sedodo
 PH Employment Specialist
 314-704-2574

ACCREDITED
 ACOET
 PROVIDER

REGISTER HERE!

A Family and Workforce Centers of America Job & Resource Event



Second Chance Job & Health Resource Fair

Connect with employers open to hiring justice-involved individuals and a healthcare provider promoting health wellness and education. Healthy habits contribute to company success, community growth, and regional public safety.

Join us for our Job & Resource Fair! Discover how to schedule an appointment with Betty Jean Kerr People's Health Center, along with onsite:



Basic Health Screenings



Blood Pressure Checks



Health Education & More!

When: Wednesday, May 20, 2026 | 10AM - 12PM
Where: 6347 Plymouth Ave. St. Louis, MO 63133
For More Info Visit Us at www.fwca-stl.com or Call 314-377-0445

In collaboration with:



PROGRAMS & SERVICES

Missouri Disaster Recovery Jobs Program

The program is designed to support community recovery efforts by providing temporary employment, skills development, and safety training to unemployed and dislocated workers impacted by disaster-related events.

Through participation in the DRJP, participants receive:

- Safety training, including OSHA-10 and Flagger
- Temporary workforce support for disaster recovery, cleanup, and debris related projects,
- Program-funded wages for eligible participants, and
- Ongoing coordination and administrative support from program staff to support compliance and daily operations

Eligible participants have the opportunity to work up to 2,080 hours or 12 months!

Mental Wellness Corner with Dr. Cooley

Supporting Your Well-Being—At Work and Beyond
May is Mental Health Awareness Month!

Welcome to our new Mental Health & Wellness Corner—a space created just for you. Each month, we'll share simple tips, tools, and resources to support your well-being as you navigate new roles, career, and personal life. This space is here to remind you that your mental health matters.

This month, we're focusing on building resilience during times of change. Whether you're starting a new role, learning new skills, managing change in the workplace, or balancing responsibilities in your personal life, taking care of your mental health is just as important as building your career.

Monthly Focus: Building Resilience During Times of Change

Changes at work and at home – such as new responsibilities, schedule changes, or life demands, can bring both excitement and stress. Try these simple strategies:

- Get adequate sleep — rest supports your ability to adapt
- Focus on what you can control — keep tasks simple
- Stick to a routine — structure creates stability
- Break goals into small steps — keep expectations realistic
- Stay connected — lean on your support network
- Pause & Breathe ---- Inhale 4 seconds, exhale 6 seconds to reset and refocus

Wellness Challenge of the Month: "Move for 10"
Spend at least 10 minutes a day moving your body—walk, stretch, or do an activity you enjoy. This small habit can boost mood, reduce stress, and support overall well-being at work and at home.

Reminder: Taking care of your mental health supports your performance, your relationships, and your overall quality of life.



The flyer features the Family & Workforce Centers of America logo at the top left. The main title is "DISASTER RECOVERY JOBS PROGRAM" in large, bold, black letters. Below the title, it asks "Looking to gain hands-on experience while helping your community recover?" and describes the program as offering PAID positions to long-term unemployed, dislocated workers, and disaster-affected individuals. A list of benefits includes: "Assist with debris cleanup and public infrastructure repair", "Assist with community restoration", and "Receive safety training". A circular badge highlights "UP TO 2,080 HOURS". At the bottom, there is a "INTERESTED?" section with a phone number "314-377-0445" and a website "www.fwca-stl.com". The flyer also includes images of workers in safety gear and a family in a disaster-stricken area.



MAY 2026


FWCA/MET CENTER CALENDAR



**FAMILY FOCUSED.
RESULTS DRIVEN.**



**6347 PLYMOUTH AVE.
ST. LOUIS, MO 63133
WWW.FWCA-STL.COM
314-377-0445 (MAIN OFFICE)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Forklift Class Day 2 8:30a-2:00p Katsam Property Services Info Session MET Center 11:30a-1p
4	5 WashU Medical Assistant Apprenticeship Info Session MET Center 10a FWCA Career Closet Open (Rm 126) 10:00a-12:00p	6	7 FWCA Career Closet Open (Rm 126) 10:00a-12:00p	8 Truman Day State Offices Closed 
11	12 FWCA Career Closet Open (Rm 126) 10:00a-12:00p	13	14 Forklift Class Day 1 8:30a-2:00p	15 Forklift Class Day 2 8:30a-2:00p
18	19 WashU Medical Assistant Apprenticeship Info Session MET Center 10a	20 Second Chance Job & Health Resource Fair 10a-12p @ MET Center FWCA Career Closet Open (Rm 126) 10:00a-12:00p	21 FWCA Career Closet Open (Rm 126) 10:00a-12:00p	22
25 MEMORIAL DAY FWCA Closed	26 FWCA Career Closet Open (Rm 126) 10:00a-12:00p	27 Mock Interview & Resume Preparation Workshop 9:30a-10:30a Financial Wellness Workshop 10:30a-11:30a Mental Wellness Workshop 11:30a-12:30p	28 Forklift Class Day 1 8:30a-2:00p FWCA Career Closet Open (Rm 126) 10:00a-12:00p	29 Forklift Class Day 2 8:30a-2:00p

To register for **FREE** classes, please call 314-377-0445 to sign up.
Walk-In's are WELCOME

Early Explorers
Child Development Academy



NOW ENROLLING

OPENINGS FOR AGES 6 WKS TO 5 YRS

EECDA has implemented a comprehensive approach to our student's health, nutrition, growth & development.

We emphasize parental engagement with a focus on activities that are structured toward the betterment of our children.

Documentation Needed for Enrollment:

- Current Medical Exam*
- Updated Immunization Records
- Copy of a Birth Certificate and ID



ENROLL NOW

EARLY EXPLORERS
CHILD DEVELOPMENT ACADEMY

1232 Robert L. Powell Place
St. Louis, MO 63133
314-726-3000

*Medical Examination Report (Physical or Well Baby must be signed by Doctor)

FAMILY AND WORKFORCE
CENTERS OF AMERICA

CAREER INSTITUTE'S LAB TECH TRAINING PROGRAM

ABOUT US

FWCA's Lab Tech Training Program is a Missouri DHE & WD Certified 12-week comprehensive training and career program with curriculum that prepares entry-level workforce for careers in STEM. During training, participants work closely with employers from each industry mixing both critical training and professional development components in the classroom.

Our technical, academic and experiential training helps ensure the professional development of each student and the employer need for growth in the industry!



FAMILY AND
WORKFORCE
CENTERS OF AMERICA

OUR PARTNERS

Pfizer, Inc./KWS

Bayer (Formerly Monsanto)

Microbe Inotech

Mallinckrodt, PerkinElmer

Washington University-School of Medical

ITE-University of Missouri-STL

Thermo Fischer Scientific (Formerly Patheon)

State of Missouri/St. Louis County/City WIBs

St. Louis Economic Development Partnership

St. Louis Community College

Annie E. Casey Foundation W. K.

Kellogg's Foundation Funded, in part by US-SBA

through BioSTL Contract

Cortex, CET, Danforth Plant Science Center

Kelly Services, Aerotek,

G-Biosciences

OUR PROGRAM

PROGRAM REQUIREMENTS

High School Diploma or High-Set

10-Points on TABE

Drug & Felony Background Free

Cost: \$4,980 (includes tuition, fee & materials)

Length of Class: 12-Weeks Class times: 9:00 AM to 3:30 PM

Next Class Starts: TBD

LEADING INDUSTRY INNOVATORS

Potential Workplaces or Industries

Pharmaceutical companies

Biotechnology industries

Medical Device/Chemical Manufacturers

Hospitals/Med Schools, R&D

Facilities, Etc.

Visit or Contact Us At

The Metropolitan Education and Training (MET) Center
Plymouth Aven. St. Louis, MO 63133

www.fwca-stl.com • Phone: 314-746-0772 • Email: vsheriff@fwca-stl.com



STAY INVOLVED!
FOLLOW US @FWCA_STL

A NATIONAL SAFETY COUNCIL APPROVED
LIFT TRUCK CERTIFICATION

FORKLIFT TRAINING PROGRAM

FWCA's Career Institute 2-Day Certification Program includes:

- Introduction to Lift Trucks
- How Lift Trucks Work
- Proper Load Handling
- Safe Driving Skills
- Refueling & Battery Recharging
- Inspection / Maintenance & More!

NEW CLASS EVERY
TWO WEEKS!

3-YEAR
NATIONWIDE
CERTIFICATION

ONLY \$300!



FWCA CAREER INSTITUTE
6347 PLYMOUTH AVE. ST. LOUIS, MO 63133
TEL: 314-377-0445 | EMAIL: VSHERIFF@FWCA-STL.COM



INSTRUCTORS ARE REQUIRED TO DISCLOSE ANY AND/OR ALL PROPRIETARY INTEREST IN ANY PRODUCT, INSTRUMENT, DEVICE, SERVICE, TECHNOLOGY, OR MATERIAL DISCUSSED DURING FWCA COURSES AND TO DISCLOSE THE SOURCE OF ANY THIRD-PARTY COMPENSATION RELATED TO THE PRESENTATION OF THIS COURSE MATERIAL.
FAMILY & WORKFORCE CENTERS OF AMERICA IS ACCREDITED BY THE INTERNATIONAL ACCREDITORS FOR CONTINUING EDUCATION AND TRAINING (IACET) AND OFFERS IACET CEUS FOR ITS LEARNING EVENTS THAT COMPLY WITH THE ANSI/IACET CONTINUING EDUCATION AND TRAINING STANDARD. IACET IS RECOGNIZED INTERNATIONALLY AS A STANDARD DEVELOPMENT ORGANIZATION AND ACCREDITING BODY THAT PROMOTES QUALITY OF CONTINUING EDUCATION AND TRAINING.

FWCA CAREER INSTITUTE'S FORKLIFT CERTIFICATION PROGRAM 2026 TRAINING SCHEDULE

JANUARY	FEBRUARY	MARCH
<p>THURSDAY & FRIDAY</p> <p>8-9TH 22-23RD</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>5-6TH 19-20TH</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>5-6TH 19-20TH</p> <p>8:30A-2P</p>
APRIL	MAY	JUNE
<p>THURSDAY & FRIDAY</p> <p>2-3RD 16-17TH APR 30TH-MAY 1</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>14-15TH 28-29TH</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>11-12TH 25-26TH</p> <p>8:30A-2P</p>
JULY	AUGUST	SEPTEMBER
<p>THURSDAY & FRIDAY</p> <p>9-10TH 23-24TH</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>6-7TH 20-21ST</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>3-4TH 17-18TH</p> <p>8:30A-2P</p>
OCTOBER	NOVEMBER	DECEMBER
<p>THURSDAY & FRIDAY</p> <p>1-2ND 15-16TH 29-30TH</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>5-6TH 19-20TH</p> <p>8:30A-2P</p>	<p>THURSDAY & FRIDAY</p> <p>3-4TH 17-18TH</p> <p>8:30A-2P</p>



TOTAL COST: \$300 (PAYABLE TO FWCA)
TRAINING LOCATION: MET CENTER (6347 PLYMOUTH AVE., ST. LOUIS MO 63133)
CONTACT: VAMADU SHERIFF, 314-377-0445, VSHERIFF@FWCA-STL.COM





FAMILY & WORKFORCE
CENTERS OF AMERICA

DISASTER RECOVERY JOBS PROGRAM



Looking to gain hands-on experience while helping your community recover?

The Disaster Recovery Jobs Program (DRJP) offers PAID positions to long-term unemployed, dislocated workers, and disaster-affected individuals.



- ✓ Assist with debris cleanup and public infrastructure repair
- ✓ Assist with community restoration
- ✓ Receive safety training

UP TO
2,080
HOURS

INTERESTED?

☎ 314-377-0445

🌐 www.fwca-stl.com



Missouri Office of Workforce Development is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Missouri Relay Services are available at 711. This workforce program was 100% funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration (USDOL-ETA). This flyer was created by Family and Workforce Centers of America and does not necessarily reflect the official position of the USDOL-ETA. Any opinions and findings, and conclusion or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the USDOL-ETA or the Missouri Office of Workforce Development. All services offered are available to all eligible persons, regardless of race, color, national origin, age, disability, religion, or sex.



NSC FLAGGER TRAINING

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Our Flagger course provides trainees the knowledge to:

- Describe the importance of proper Flagger operations
- Use Flagger control standard references
- Know proper Flagger signals and procedures
- Understand various work zone Flagger situations

• **Dates:**

- May 4, 2026

• **Course Hours:** 8:30A to 3:00P

• **Cost:** Included in Pathway Home (PH) Enrollment!

• **Location:** Transition Center of St. Louis
1621 N 1st St, St. Louis, MO 63102



The MET Center
6347 Plymouth Ave.
St. Louis, MO 63133
www.fwca-stl.com



Register With
Rosario Sedodo
PH Employment Specialist
314-704-2574



REGISTER HERE!

1. *As an IACET Accredited Provider, FWCA offers IACET CEUs for its learning events that comply with the ANSI/IACET Continuing Education and Training Standard.
2. This workforce product was funded by a grant awarded by the U.S. Department of Labor (DOL)'s Employment and Training Administration (ETA). This workforce product was 100% funded by a grant, PH5-FOA-ETA-24-05, awarded by the U.S. Department of Labor (DOL)'s Employment and Training Administration (ETA) in the amount of \$4,000,000. These services are available to all eligible persons, regardless of race, gender, age, disability, or religion. The product was created by the recipient and does not necessarily reflect the official position of DOL/ETA. DOL/ETA makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. This product is copyrighted by the institution that created it.

**A Family and Workforce Centers of America
Job & Resource Event**



Second Chance Job & Health Resource Fair

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Join us for our Job & Resource Fair! Discover how to schedule an appointment with Betty Jean Kerr People's Health Center, along with onsite:



Basic Health Screenings



Blood Pressure Checks



Health Education & More!



When: Wednesday, May 20, 2026 | 10AM - 12PM
Where: 6347 Plymouth Ave. St. Louis, MO 63133
For More Info Visit Us at www.fwca-stl.com or
Call 314-377-0445

In collaboration with:



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A CENTER FOR WORKING FAMILIES™
MET CENTER
METROPOLITAN, EDUCATION, & TRAINING CENTER



FWCA Entrepreneurship Training Program

The Entrepreneurship Training Program (ETP) is dedicated to entrepreneurial training and support to the community!

What to Expect During Training:

- Complete 12 weeks of Entrepreneurial training. Training sessions are one evening per week.
- Present your business plan to an actual bank for a loan.
- The program also provides Program Graduates the opportunity to borrow from a specifically designated loan fund through CIBC.

Interested in starting a business in:

Culinary/Food Service
Landscaping
Cleaning Services,
Construction, etc.,

THIS IS YOUR OPPORTUNITY!

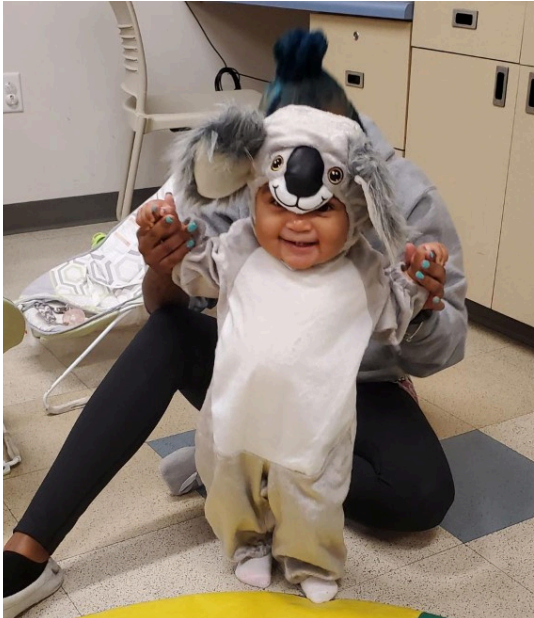


FWCA in partnership
with The MET Center
and CIBC

Applicant Criteria

- Have a valid driver's license or Missouri State ID;
- Have a current, documentable Credit Score of 600 or above;
- Be a resident of St. Louis City or County;
- Have a High School Diploma or GED; and
- Have an established or open a bank account.

26B N. OAKS PLAZA ST. LOUIS, MO 63121 | 314-615-6032 | WWW.FWCA-STL.COM



“When supportive, educational, and employment opportunities are effectively accessed, individuals, families, and communities thrive.”

Carolyn Seward, Founder & Chief Executive Officer of Family and Workforce Centers of America